



DAIRYLANDGAMES

Verona High School
234 Wildcat Way, Verona, Wisconsin

Contact Us!

Email: info@dairylandsports.org

Website: www.dairylandsports.org/dairylandgames

Social Media: @TeamDairylandWI



Dairyland Sports' Mission & Vision

Founded in 2017, Dairyland Sports is a non-profit organization with a mission to engage and empower individuals of all ages, physical abilities, and experience levels to improve their health and well-being through participation in sports, fitness, & recreation. Over the years, Dairyland Sports has served hundreds of adaptive athletes from across the Midwest to provide new opportunities for athletic programming, provide support for existing Wisconsin-based adaptive sports organizations, and to deliver education aimed at improving access and equity to health, fitness, and recreational opportunities in Wisconsin. Our staff works to advocate for disability rights & inclusivity in sports, educate about the importance and impact of adaptive sports in our communities, and support local clubs, teams, and events that allow adaptive athletes to discover the important life values of participating in sports. Dairyland Sports aims to serve as your “one-stop-shop” for Wisconsin adaptive sports – a place where adaptive athletes and families can discover, share, and engage with our adaptive sports partners from across the state.

Dairyland Games - The Start of it All

Dairyland Sports was officially incorporated as a tax-exempt 501(c)3 organization in December 2017, however, our local organizing committee was established well before that time. In May of 2016, our team worked in collaboration with the Adaptive Sports USA (now known as “Move United”) to establish the Dairyland Games – Wisconsin’s first and only sanctioned multi-sport competition allowing athletes with physical disabilities the opportunity to qualify for Move United Junior Nationals. The inaugural Dairyland Games was proudly hosted at Sauk Prairie High School and saw 16 athletes compete in track and field - marking the beginning of a tremendous adaptive sports movement in Madison. In 2019, Dairyland Games proudly served over 75 adaptive athletes from 8 states across the Midwest offering events in swimming, archery, track, field, and a wide variety of free interactive clinics and exhibitions including para taekwondo, wheelchair basketball, cheerleading, and more! Many of our athletes have qualified for national competition through participation in the Dairyland Games each year, and some participants have even gone on to represent Team USA in the Paralympic games! Dairyland Games is a unique opportunity for individuals with diverse physical abilities to participate in sports in an inclusive and supportive environment, and we are excited you have decided to join us this year!

Due to the tremendous growth and support we have received from hosting the Dairyland Games, our leadership team recognized the need to establish a nonprofit organization to expand our mission and make an even bigger impact in the adaptive sports community. We are dedicated to providing the best possible experiences for our athletes so that they may reach their highest potential and, most importantly, we hope that all athletes are able to make meaningful connections with other peers and community members while enjoying the physical, social, and emotional benefits of participating in sports.

Get Involved

As a growing nonprofit led primarily by volunteers, we rely on support from the community to further the mission of Dairyland Sports. You can make a direct impact in supporting Dairyland Sports in a variety of ways including tax-deductible donations, referring individuals to our programming, volunteering, or even engaging with us on social media. Additionally, if you have any background or interest in nonprofit work or adaptive sports, we are always looking for talented individuals to add to our leadership team. Just send us a message, and we will get you involved!

If you do choose to make a tax-deductible donation to Dairyland Sports to help us in our charitable efforts, you can do so in a variety of ways:

- Visit our website www.dairylandsports.org to make a secure one-time or recurring donation through our partners at Network for Good (top right corner of page)
- Send a personal check to our business address at:
 - PO Box 45736, Madison, WI, 53744
- Donate new or gently used sports equipment for our local sports & fitness programming
- Provide scholarships or grants for athletes in need of financial support (contact us!)
- Contact us directly (info@dairylandsports.org) if you would like more information on how to donate or if your business is interested in sponsoring any of our annual programming

Dairyland Sports is a 501(c)3 non-profit, and, therefore, your donation can be designated as a tax write-off on your end-of-year taxes. What's better than saving money on taxes?!

Want to Learn More?

For more information about Dairyland Sports, or to connect with our leadership team, please visit our website at www.dairylandsports.org. Additionally, we would encourage you to engage with us on social media including Facebook, Instagram, Twitter, & YouTube (@TeamDairylandWI) for the most up-to-date information. Please feel free to contact our staff at any time with questions, we want to hear from you!

Thank you to our Gold Sponsors!

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Events This Week



Things to Do



Drinks & Dining



Serving Wisconsin's Para-Athletes



Started in 2018 as a kindness campaign, Paul's Party provides young Wisconsin para-athletes with adapted equipment for any sport or activity.

By joining Team Paul, you become part of a community of athletes that loves to get out there, have fun and try new things!

Need a bike, a FreeWheel, or a new sports chair? Want to go to camp? Reach out to us!

 PaulsParty.org

 paulspartyinc@gmail.com

 PaulsParty

 @paulspartyorg



Schedule of Events

Friday, June 16th

TIME	EVENT DESCRIPTION	LOCATION
4:00 pm – 5:15pm	Powerlifting: Athlete Check-In & Weigh-Ins	Verona High School – Fitness Center
5:30 pm – 6:00 pm	Powerlifting: Warm-Ups	Verona High School – Fitness Center
6:00 pm – 7:00 pm	Powerlifting Competition:	Verona High School – Fitness Center

Saturday, June 17th

TIME	EVENT DESCRIPTION	LOCATION
8:30 am – 9:00 am	Swimming: Athlete Check-In	Verona High School – Aquatics Center
9:00 am – 9:45 am	Swimming: Athlete Warm-Ups	Verona High School – Aquatics Center
10:00 am – 12:00 pm	Swimming Competition	Verona High School – Aquatics Center
1:00 pm – 2:00 pm	Field: Athlete Check-In & Warm-Ups	Verona High School - Field
2:00 pm – 5:30 pm	Field Events	Verona High School - Field
7:00 pm – 9:00 pm (Tentative)	Athlete/Family Social (Tentative)	Hyatt Place Madison / Verona (Tentative)

Sunday, June 18th

TIME	EVENT DESCRIPTION	LOCATION
8:00 am – 8:30 am	Track: Athlete Check-In	Verona High School – Track
8:30 am – 9:30 am	Track: Athlete Warm-Ups	Verona High School - Track
10:00 am – 1:00 pm	Track Events	Verona High School - Track

****Official results of powerlifting, swimming, and track & field events will be available 24-48 hours after the conclusion of the event. Results may be compared to Move United Qualification Standards for determination of qualification for Move United Junior Nationals, to be hosted in Birmingham, Alabama, in July 2022.**

Location of Events

Hyatt Place Madison / Verona – 846 Liberty Drive, Verona, WI 53593

- Check-In & Packet Pick-Up (**OPTIONAL** – can pick up day of event)
- Preferred Hotel for Dairyland Games - Accessible rooms available upon request

Verona Area High School – 234 Wildcat Way, Verona, WI 53593

- Swimming Events – *Verona High School Aquatic Center *Enter through Door S9**
- Track & Field Events – *Verona High School Athletics Track & Field*
- Powerlifting Event – *Verona High School Fitness Center *Enter through Door 17**



Verona HS - Aquatics Center



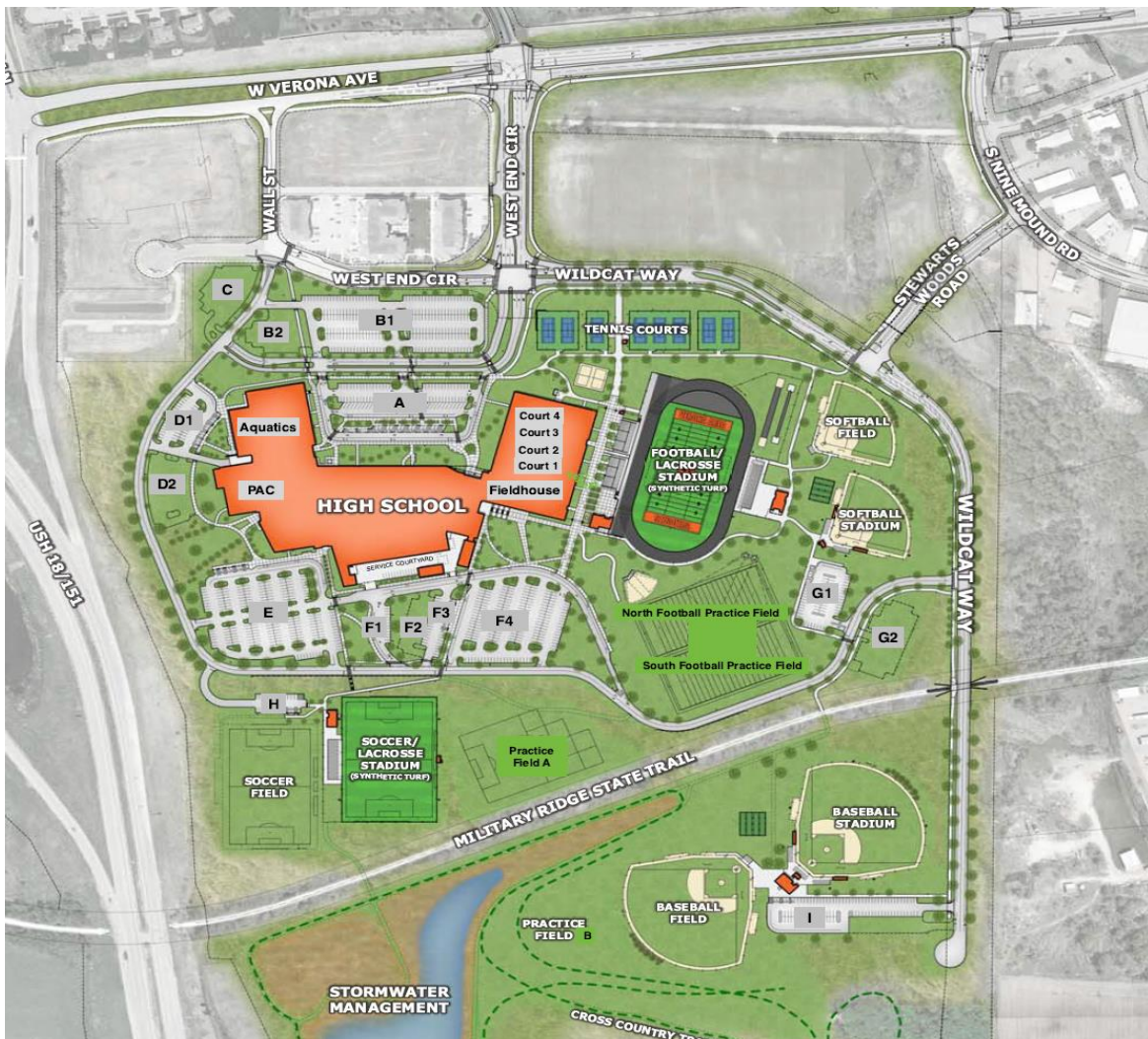
Verona HS - Track & Field



Verona HS - Fitness Center



Hyatt Place Madison / Verona



Additional Information & FAQs

Rules & Regulations:

Dairyland Games is a Move United sanctioned event offering events in track, field, swimming, and powerlifting. As a Move United sanctioned event, Dairyland Games must abide by specific rules and regulations for each of the individual sports offered. The rules and regulations for each of the offered sports is listed below for your reference. It is your responsibility to read and understand the rules prior to competition, and to seek clarifications from your coach or trusted adaptive sports resource as needed.

Newcomers - it is OKAY if Dairyland Games is your first experience with a sporting competition. Our event officials are very approachable and welcoming of questions, use this as an opportunity to learn!

- [Powerlifting Rules](#)
- [Track & Field Rules](#)
- [Swimming Rules](#)

Sports Equipment:

Dairyland Sports will provide basic equipment for powerlifting, swimming, track, and field events in compliance with Move United rules and regulations. All equipment and timing systems will be used in compliance with [Move United Sanctioning requirements](#).

- Powerlifting - Level 2
- Swimming - Level 2
- Track & Field - Level 3

Track & Field – Equipment for track & field will include an electronic timing system, starting blocks, throwing frames with tie-downs/ratchet straps, and implements for discus, shot put, javelin, turbo javelin, and club throw. Athletes may bring their own implements, racing chairs, throwing frames, or other equipment as desired, but all equipment will need to be checked by officials prior to the competition to ensure they are legal. Wheelchair athletes will need to provide their own helmets for track. Racing chairs are *NOT* required for participation in track events, please feel free to compete in your everyday wheelchair! Track & Field Officials reserve the right to check personal equipment and disqualify an athlete if the equipment does not meet legal requirements for competition.

Swimming – Equipment for swimming will include an electronic timing system, lap counters, and a flash/visual starting signal. Athletes are responsible for bringing their own swimsuits, swim caps, goggles, towels, and any other equipment they require for competition. Athletes are *NOT* required to wear any specific swimsuit brand/style; however, the swimmer is not permitted to use or wear any device or swimsuit that may aid in speed, buoyancy, or endurance during competition (webbed gloves, flippers, fins, etc.). Swim Officials reserve the right to check personal equipment and disqualify an athlete if the equipment does not meet legal requirements for competition.

Powerlifting – Equipment for powerlifting will include weights, scale for weigh-in, performance bench, practice bench, safety clamps, stopwatches, and straps. Athletes will need to provide their own weight belts, gloves, footwear/prosthetics, or other applicable powerlifting equipment necessary to perform the Powerlifting Press. Powerlifting Officials reserve the right to check personal equipment and may disqualify an athlete if the equipment does not meet legal requirements for competition.

Food & Concessions:

Athletes are encouraged to bring their own meals, snacks, beverages, and other nutrition as appropriate during competition. Complimentary continental breakfast is available at our preferred hotel location. Water will be made available to athletes and volunteers in designated coolers and/or at medical tents during competition. We encourage athletes and families to explore local food options in Verona and nearby Madison restaurants to support the local economy. Below is a list of local restaurants to assist in your meal planning.

Verona

Sugar River Pizza Company
Quivey's Grove
Draft House Bar & Restaurant
North and South Seafood & Smokehouse
Wisconsin Brewing Company
El Charro Mexican Grill
Gus's Diner
It's Time Pub & Grill
Boulder Brewpub
Monk's Bar and Grill
Avantis Italian Restaurant & Pub
5th Quarter Bar and Grill

Middleton

Craftsman Table & Tap
Johnny's Italian Steakhouse
The Roman Candle
The Village Green
Café Zupas
Tanner's Bar & Grill
Biaggi's Ristorante Italiano
Hubbard Avenue Diner
Jersey Mike's Subs
Freska Mediterranean Grill
Lombardino's Italian Restaurant
Pizza Brutta
Café Hollander

Fitchburg

The Flying Hound Alehouse
Hop Haus Brewing Company
Great Dane Pub & Brewing Company
The Thirsty Goat
Funk's Pub
Liliana's Restaurant
Laredos Mexican Restaurant
Me & Julio
Enrique's Grill

Madison

Bassett Street Brunch Club
Tipsy Cow
Cento
The Old Fashioned
Dotty Dumpling's Dowry
Essen Haus German Restaurant
Graze
Ian's Pizza
Short Stack Eatery
Glass Nickel Pizza Company
MOD Pizza
Delta Beer Lab

Medical Coverage:

On-site medical coverage will be on-site for all athletes, volunteers, and spectators in the event of medical emergency or injury. The medical team will consist of athletic trainers and will be available at all primary events including track, field, swimming, and powerlifting events. Dairyland Sports staff will work in conjunction with UW Health Sports Medicine to develop an Emergency Action Plan that prioritizes athlete & spectator safety. Medical tents or stations will be clearly marked during all events should you need to seek medical treatment, and Dairyland Sports staff and volunteers will be able to direct you should you have any questions.

As a reminder, you must complete the Dairyland Sports Medical Information Form and submit to info@dairylandsports.org prior to competing at Dairyland Games. Medical staff may require access to this information to ensure athlete safety. All medical and personal information will remain confidential. If you have any special requests, accommodations, or medical conditions you would like us to know about, please contact our staff so we can best assist you.

Athlete & Volunteer Check-In:

Athlete Packet Pick Up will be available on the evening of Friday, June 16th at the Hyatt Place Madison / Verona. Packet Pick Up is **OPTIONAL**, but is intended to provide an opportunity for athletes & volunteers to pick up event programs, complete any remaining paperwork, collect athlete/volunteer swag bags, and to meet the Dairyland Sports staff! Athletes and volunteers are NOT required to utilize early check-in, but we would like to make it available for those who may need extra time or assistance in answering questions prior to their respective events/competition.

Although Packet Pick Up is available, all athletes must stop by the main registration table upon arrival to each competition (i.e. powerlifting, swimming, track & field) in order to check-in for competition.

Please refer to the schedule of events for more information on specific times for check-in and warm-ups for each event.

Sanctioning & Eligibility for Move United Junior Nationals:

All Dairyland Games events are sanctioned by Move United and will be governed by the Move United rules for competition (see above “Rules & Regulations” section).

Athletes of all ages who compete at Dairyland Games may be eligible to qualify for Move United Nationals if they meet certain [Qualifying Standards](#) for each respective sport. Move United Nationals is the largest adaptive sports event in the United States and is hosted in different cities across the country each year. Participation in Move United Nationals is an exciting opportunity for both newcomers, as well as elite level athletes as participation in Move United Nationals can help propel an athlete towards a potential Paralympic career. For more information about eligibility for Junior Nationals, please visit Move United [website](#).

Classification for Adaptive Sports

What is Classification?

The fundamental goal of classification is to ensure that winning is determined by differences in athlete skill, fitness, power, endurance, tactical ability, mental focus, etc. rather than by differences in functional/physical impairments. Classification is the official Paralympic process for determining:

- a) If an athlete is eligible to compete in Para Sport
- b) How an eligible athlete will be grouped into sport classes based on their eligible impairment

Unfortunately, classification appointments are not available on-site at Dairyland Games in 2023. Even though your athlete may not be classified, they may still be eligible for qualifying for Move United Nationals, as we will provide a provisional classification at registration.

What are the Eligible Impairments for Adaptive Sports?

There are 10 eligible impairments that qualify an athlete for Adaptive Sports. These impairments include: Impaired muscle power, impaired passive range of motion, limb deficiency, ataxia, athetosis, hypertonia, short stature, leg length difference, visual impairment, intellectual impairment.

We welcome individuals of all abilities and experiences at the Dairyland Games, no prior experience is necessary for competition!

How Can I Get Classified at Dairyland Games?

Unfortunately, classification is not available at Dairyland Games 2023, as a national classification panel was not assigned by the United States Olympic & Paralympic Committee to Dairyland Games in 2023. There is a national shortage of classifiers in our region, and very limited opportunities for local training to develop new classifiers. If you have questions, concerns, or complaints regarding the lack of opportunities to access classification appointments in your region, we would encourage you to email NPCUSAcclassification@usopc.org

Where Can I Find More Information About Classification?

Learn more about the US Paralympics classification process [here](#). If you have any additional questions about the process, please contact us so that we may assist you.

Inclement Weather:

In the event of inclement weather conditions, Dairyland Sports reserves the right to cancel any event at any time to protect the safety of athletes, families, volunteers, staff, and spectators. Dairyland Sports also reserves the right to not reschedule Dairyland Games events for a later date, although every attempt will be made to reschedule for a later date if possible. Outdoor events will be suspended in the presence of lightning, tornados, high heat index, or other unforeseeable conditions or emergencies that may compromise the safety of our athletes, staff, and community members. In the case of lightning and heavy rain, events will resume 30 minutes after the last known lightning strike within 10 miles and with Officials and Staff discretion. Athletes will be contacted via email when the event is to resume.

Miscellaneous Information:

- Wisconsin is well known for unpredictable weather in spring season – so please check a forecast for the weekend to know what to pack in terms of clothing, water bottles, rain gear, etc. We could see anything from comfortable 60's and sunny, chilly 40's and cloudy, hot 80's and humid, or even rain or snow! Please make sure to educate yourself on the weather forecast prior to traveling and plan accordingly.
- If you are a WIAA athlete currently in season, you can add 2 "outside" events to your spring season calendar as long as they are sanctioned on the WIAA calendar. Please contact your athletic director to add Dairyland Games to the athletic calendar so that you stay WIAA eligible
- Dairyland Sports is a proud partner and supporter of many local adaptive sports and health organizations across the Midwest. Our goal is to provide athletes and families with the best

available resources so that they may freely connect and engage in sports, fitness, and health opportunities in Wisconsin. We frequently advertise local events, programs, educational opportunities, and competitions on our website and social media so that you may have instant access to all things adaptive sports in Wisconsin and beyond! Please feel free to check our website and social media for the most up to date opportunities as we continue to build relationships in the community.

Donations:

Did you know Dairyland Games costs nearly \$20,000 to host each year?! Dairyland Sports is a tax-exempt nonprofit organization that relies on the support of the surrounding community to meet our financial goals. Whether it be in-kind donations, financial gifts, sponsorships, or volunteering... we need your help to ensure that Dairyland Sports can continue to provide opportunities for adaptive athletes to thrive and compete! If you have the capacity to give, we would greatly appreciate any support you could provide. Please visit our website for more details on [ways to give](#).

Communication:

For general questions or comments please contact the Dairyland Sports staff at the email listed below:

- info@dairylandsports.org

For more specific questions on event logistics, sanctioning, classification, event rules, etc. please contact:

- Deb Jenks – Event Director (djenks@dairylandsports.org)
- Jake Graboski – Executive Director (jgraboski@dairylandsports.org)
- Jenna Schneider – Volunteers (jschneider@dairylandsports.org)



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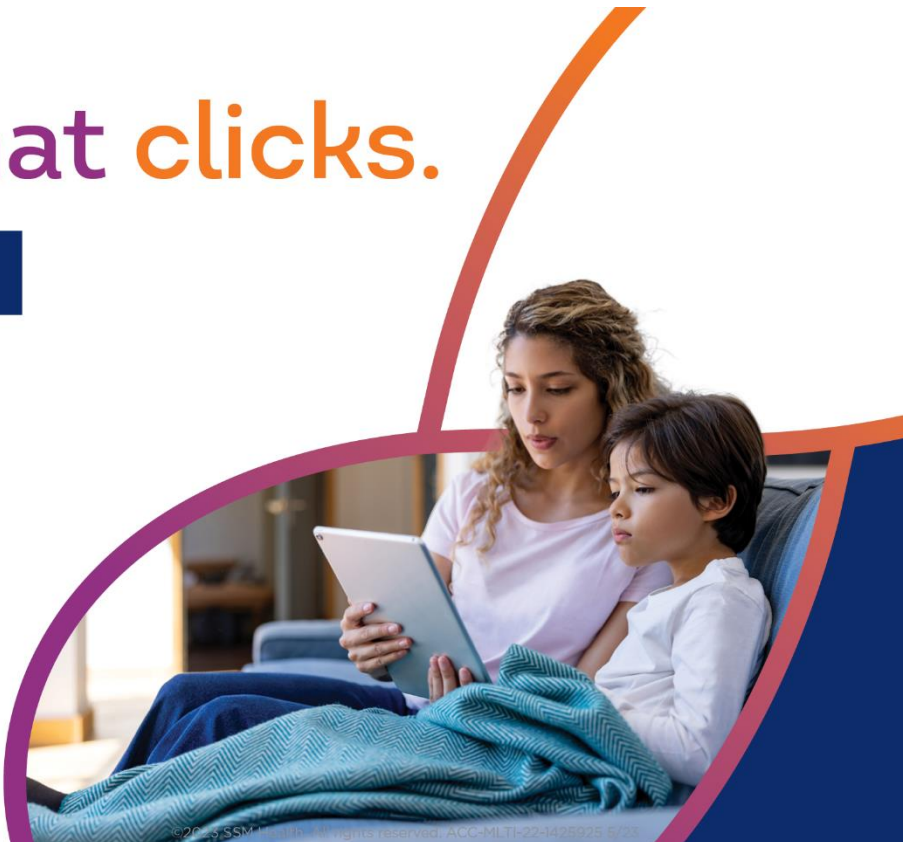
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INTRODUCING CI SPORTS REHAB!

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Posture and gait analysis provide assessment of standing posture and/or gait to detect any abnormalities, inform intervention and monitor changes across time. Analysis can accommodate all body types and assistive devices.

CI Sports Rehab specializes in sports related acute, chronic, and overuse injuries.

Our comprehensive services are personalized to each individual and their sport. We address underlying concerns to prevent future injury and make sure that athletes are ready to safely return to their sport with knowledge about how to best avoid reinjury.



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Forward thinking moves people forward.

At UW Health, community is important. Supporting one another is important. What's more, having a health care system that's looking out for each and every one of us is important. And that's why at UW Health, we strive every day to provide high quality, inclusive care for our patients and their families, and support community partners making a difference in Dane County. Because in the end, it makes us healthier and builds a stronger community. That's forward thinking.

UW Health. Remarkable.

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Explore Verona & Madison!

Each year, we are proud to host the Dairyland Games in the Greater Madison community. Verona is located only 15 minutes from Downtown Madison, and we would highly encourage you to explore the city during your stay. Greater Madison is home to thousands of attractions including art museums, historical landmarks such as the Wisconsin State Capitol, nature trails along the lake, coffee shops, bars, & restaurants, University of Wisconsin – Madison campus, Henry Vilas Zoo, and so much more! Make sure to take some time to get out and enjoy the amazing community of Madison, Wisconsin! For more information on local attractions, please visit [Destination Madison](#).

Want to WIN just by exploring Madison? Follow these 3 steps to have your name entered into a random drawing to win \$100! The winner will be announced on our social media pages at the conclusion of the Dairyland Games.

1. Take a photo of yourself (friends and family too!) at the Wisconsin State Capitol
2. Follow Dairyland Sports on social media - Facebook, Instagram, and Twitter (@teamdairylandwi)
3. Post the picture of yourself at the Wisconsin State Capitol and tag @teamdairylandwi on Facebook and/or Instagram. Use the hashtags #TeamDairyland #DairylandGames

